



Gymnastics And Tumbling

Gymnastics

Develop skills on the beams, bars, vault and floor.

This class is for Girls and Boys age 3 and up.

The cost is \$34 for resident and \$36 for non residents per month. There is a sibling discount when you enroll 2 or more children.

Instructor: Carly Hewett 801.376.5946

sjcgymnastics@gmail.com

All classes held on Wednesday

Kinder Gym: (Age 3-5)

4:00-4:45pm

5:00-5:45pm

Level 1: (Age 6 & up)

4:00-5:00pm

5:00-6:00pm

6:00-7:00pm

Level 2: (Age 6 & up)

5:00-6:00pm

6:00-7:00pm

Level 3: (Age 6 & up)

6:00-7:00pm

Tumbling

Learn how to develop basic gymnastics and tumbling skills. This class is for Girls and Boys age 18 months-5years.

The cost is \$32 for resident and \$34 for non residents per month. There is a sibling discount when you enroll 2 or more children.

Instructor: Tisa Hedman 801.865.4412

**** you must call Tisa before you register. Instructor approval is required.**

All classes held on Wednesday

Mom & Tot (age 18 months-2 Years)- 10:30-11:10am

****** *Kinder Gym A (age 3-5)- 9:00-9:40am*

Kinder Gym B (age 3-5)- 9:45-10:25am

****** *Kinder Gym Advanced C (age 3-5)- 11:30am-12:30pm*

****** *Kinder Gym Advanced D (age 3-5)- 12:35-1:15pm*

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